



W TREK - TORRES DEL PAINE

West to East 5 Days / 4 Nights



YOUR DESTINATION

For the sixth time in a row, Chile was selected as the world's leading adventure tourism destination. This recognition was bestowed at the 27th version of the World Travel Awards, considered the "Oscars" of tourism. This accolade demonstrates the potential of the South American country's striking geographic contrasts, providing tourists with incomparable natural scenery for sports and adventure tourism.

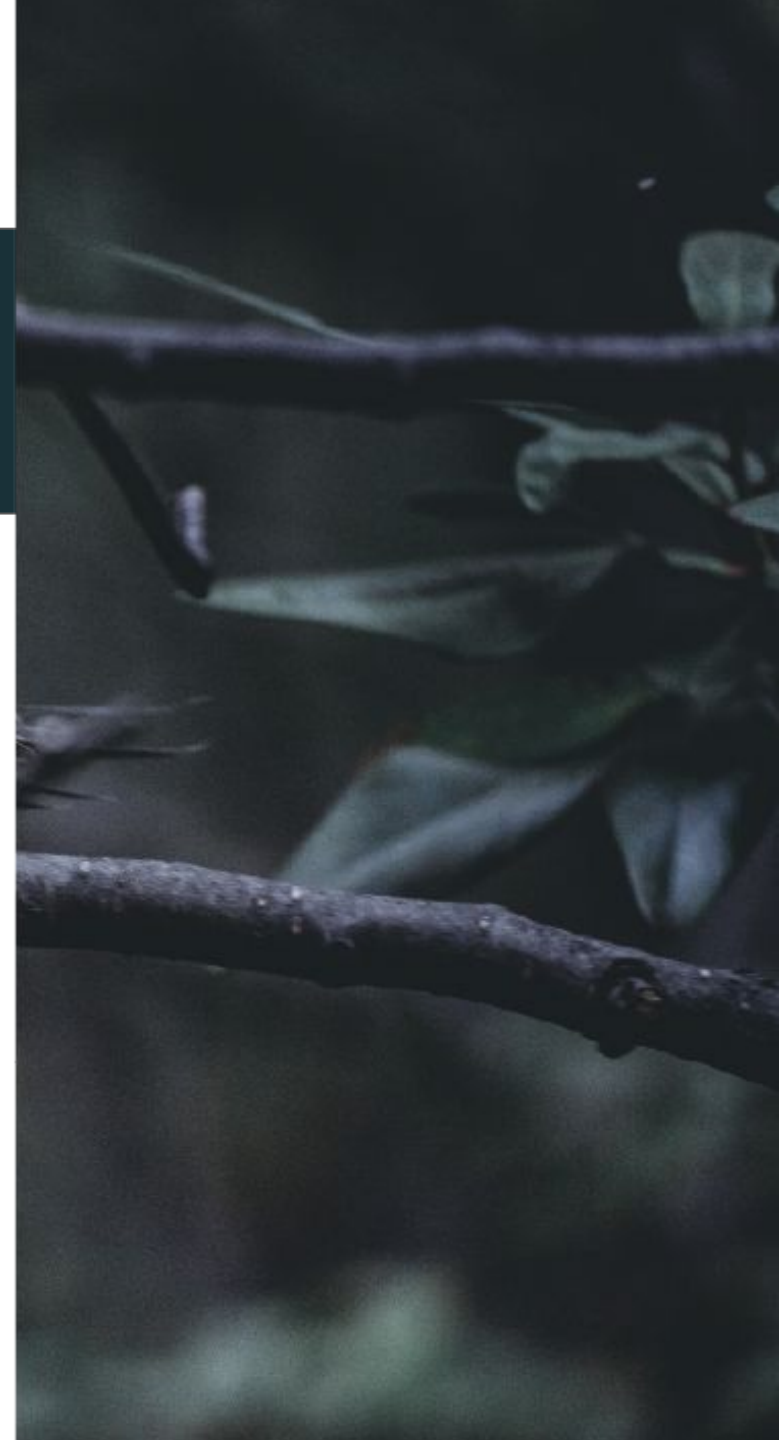
Among the natural landscapes that Chile has to offer, several stand out as particularly unique but none like the well preserved routes of Torres del Paine National Park, which was selected as the 8th Wonder of the World with some of the best hiking in Patagonia.

The changing and extreme climatic conditions of this place, make life here, not for anyone. Species that interact and evolve in a balanced way and in constant cooperation with the environment, invite us to discover the secrets of our mother nature in such an incredible place.

You are about to immerse yourself in the *W* circuit, which has been chosen by Wikiexplora as "The greatest treks in the world".

It consists of three valleys that make up this trekking in the heart of the Torres del Paine Massif, giving it this peculiar form of *W*; Ascencio Valley, French Valley, and Grey Valley, without a doubt will make you feel amazed and small.

A place that we like to refer to as *Nature's Paintbrush*.



DAY 01

Grey Navigation to Grey Refugio

We begin our program in the direction of the Torres del Paine National Park, towards the Playa Grey sector where we will begin a walk of approximately 2 km until we reach the Gray boat. We will take the third navigation departing at 4:00 p.m. arriving at the Refugio Grey sector at 5:30 p.m. This area is on the most windy corner of the Park, which makes this navigation a weather pending activity.

Once in the lodge we will have spare time to get closer to the glacier or walk around exploring the area accompanied by a guide before dinner is served.

► **Type of accommodation:** Grey Refuge



Pick up time:
12:30 am



Duration:
1,5 hrs.



Difficulty:
Low



Distance:
1 kms



DAY 02

Grey Valley to Paine Grande



Duration:
7 hrs.



Difficulty:
Medium



Distance:
13 kms



Altitude (+):
350 mts.

We will start our day with a 3-4 hour walk (round trip) from the Grey Refuge, to the famous suspension bridges to enjoy an unforgettable panoramic view of the Gray Glacier. Back at the refuge, we head towards the Paine Grande sector, a 13 km trek that borders Gray Lake.

In its final stretch we can appreciate Peohé Lake with a great view of Mt Paine Grande until we reach the lodge that will be our home for the night.

- **Type of accommodation:**
Paine Grande Lodge



DAY 03

Paine Grande to French Valley



After breakfast we prepare our backpack and poles to begin the third day of our adventure.

Walking approximately 6 kms from Paine Grande, we will reach the Italiano Campsite, named after an expedition that settled their base camp in this area. We take a small rest and begin an uphill section on the side of a moraine. In this section we have to ascent 250 mts in 1 ½ kms that could take us 1 hour.

From high above, we'll have the chance to see the lakes and its colors, the French Glacier falling from Paine Grande's summit and in the other side we will have the imposing Cuernos del Paine with its different rock colors on its summit.

We return the same path and continue walking along the base of Mt Paine Grande until we reach the French refuge that will be our home for the night.

► Type of accommodation:

French Refuge



Duration:
9 hrs.



Difficulty:
High



Distance:
14 kms



Altitude (+):
1.000 mts.



Duration:
7 hrs.



Difficulty:
Low



Distance:
13,5 kms



Altitude (+):
295 mts.

DAY 04

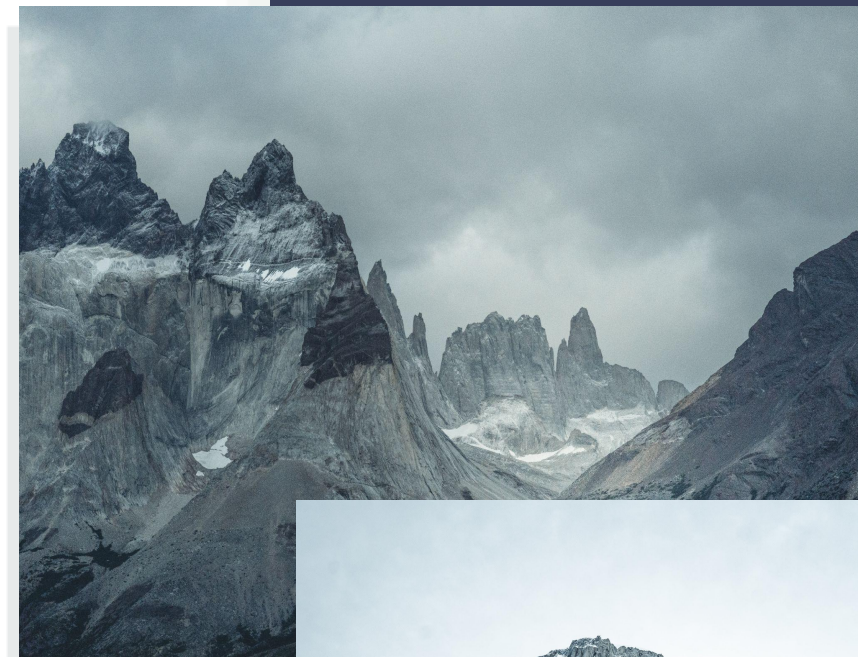
French Valley to Central Refuge

Today the trail takes you into the park towards the Central Refuge. Along the way we will have a great view of Lake Nordenskjold as we begin to approach the base of the Cuernos del Paine, a rugged rock formation that rises up to 2600 meters above sea level.

Surprising crystalline streams, to observe the hanging glaciers of Mount Imirante Nieto (2670 meters) and look for condors while bordering the fascinating blue-green waters of Lake Nordenskjold.

After a long day of walking, we will enjoy a warm dinner at the Torre Central lodge.

► **Type of accommodation:** Central Refuge




DAY 05

Base of the Towers



 Duration:
8'00 hrs.

 Difficulty:
High

 Distance:
22 kms

 Altitude (+):
1.000 mts.

Starting our walk from Torre Central, it will take us 1 ½ kms to approach the beginning of the Ascencio Valley. From this point it will take us about 2 hrs to walk steadily up the next 3 kms to reach Refugio Chileno, where we will pause to recover energy.

In this section we will ascend about 300 meters. We will continue climbing gently one more hour through a beautiful forest of Lengas, crossing pristine water courses with beautiful views of the Valley to reach an altitude of approximately 600 meters.

After a well-deserved rest in the forest, we will begin to walk the last stretch of our objective, through a large moraine left by the Torres Glacier. It will take us about 1 hour to walk this last kilometer with 300 meters of altitude gain.

The terrain becomes more abrupt in this section, as we will walk through the huge terminal moraine that left the glacier in its path, encountering materials such as sand, gravel and mostly stones, which will serve as stairs.

CORPORACIÓN NACIONAL FORESTAL

PARQUE NACIONAL TORRES DEL PAINE



Mapa usado sólo como referencia de orientación turística, sin propiedades cartográficas. En ningún caso intenta definir fronteras o límites territoriales.

TEMPORADA 2017 - 2018

SIMBOLOGÍA

SERVICIOS GRATUITOS

- Guardaparques
- Autorizado uso de cocinillas
- Mirador
- Pesca deportiva
- Salto o cascada
- Área de acampar
- Avanzada de Carabineros
- Puentes colgantes

SERVICIOS PAGADOS

- Área de acampar
- Hotel
- Refugio
- Navegación de río
- Cabalgatas
- Navegación pasajeros
- Buses regulares
- Cafetería o restaurante
- Servicio caminata en hielo

PELIGRO

- No acampar
- Derrumbes
- Fuertes vientos

HORAS DE LUZ



HORARIOS DE CIERRE DE SENDEROS

Tramo del sendero	Distancia (Km)	Tiempo (Horas)*	Hora de cierre**
Sede Administrativa - Refugio Paine Grande	1	15	18:00
Refugio Paine Grande - Área de acampar Italiano	7	25	18:00
Área de acampar Italiano - Mirador Británico	5	20	18:00
Área de acampar Italiano - Refugio Los Cuernos	2	15	18:00
Refugio Los Cuernos - Hotel Las Torres	5	20	18:00
Hotel Las Torres - Refugio Chileno	1	10	18:00
Refugio Chileno - Área de acampar Torres	3	15	18:00
Área de acampar Torres - Mirador Base de las Torres	3	15	18:00
Hotel Las Torres - Área de acampar Serón	1	10	18:00
Área de acampar Serón - Refugio Dickson	1	10	18:00
Refugio Dickson - Área de acampar Los Perros	1	10	18:00
Área de acampar Los Perros - Área de acampar Páez	1	10	18:00
Área de acampar Páez - Refugio Grey	1	10	18:00
Refugio Grey - Refugio Paine Grande	1	10	18:00

* Solo referencia, el tiempo necesario para completar el tramo.

** Horario de referencia, aplica en época de verano y en ambos sentidos.

*** Estos senderos se encuentran en propiedad privada. Consultar con el propietario.

Autorizada su circulación por resolución N° 124 del 29 de octubre de 2017 del Ministerio del Interior, en los Límites del Estado. La edición y circulación de mapas, cartas geográficas u otros impresos y documentos que representen o sugieran los límites y fronteras de Chile, no comprometen, en modo alguno, al Estado de Chile, en virtud de la Ley N° 27.127, letra g) del DFL N° 93 de 1979 del Ministerio de Relaciones Exteriores.





INCLUDED:

- ▶ Park Tickets
- ▶ Accommodation.
- ▶ Full Board (Not extras in Lodges).
- ▶ Transfer in/out Airport.
- ▶ Bilingual guide.
- ▶ Grey Glacier Navigation.



NOT INCLUDED:

- ▶ Personal gear.
- ▶ Additional options in Lodges
- ▶ Flights



CLIMATIC CONDITIONS / What to expect?

According to the climatic classification of Köeppen, the area considered inside of the Park is in the "temperate rainy cold zone without dry season", mainly means that we can find rain throughout the year. These precipitations fluctuate between 300 and 1,500 mm of annual rain, increasing normally in the western part, due to the longitudinal gradient that the place has and the proximity to the Southern Ice Field and the Pacific Ocean besides its geomorphology, make that in each Valley we can find its own "microclimate".

Based on this and the experience in the place, we highly recommend having our rain gear always at hand.

The other most important element is the Wind. With constant speeds between 20 and 30 km and gusts that fluctuate between 100 and 120 km in summer, without a doubt, this factor is the most important factor to consider when choosing our equipment.

Our body loses temperature especially through the Head (ears) and Hands. Of vital importance will be to bring hat or bandana type neck and gloves, in addition to always be using at least the 3 layers that we recommend in the next item.

As a fact, rain jackets serve very well as windstoppers.

RECOMMENDED EQUIPMENT



Hat



Sunglasses



Gloves



Trekking Poles



Waterproof jacket



Trekking Shoes



Upper Base Layer



HeadLamp



Sunscreen



Day Pack 40lt



1lt Water bottle



Waterproof pants





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