



# W TREK - TORRES DEL PAINE

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East to West

5 Days / 4 Nights



# YOUR DESTINATION

For the sixth time in a row, Chile was selected as the world's leading adventure tourism destination. This recognition was bestowed at the 27th version of the World Travel Awards, considered the "Oscars" of tourism. This accolade demonstrates the potential of the South American country's striking geographic contrasts, providing tourists with incomparable natural scenery for sports and adventure tourism.

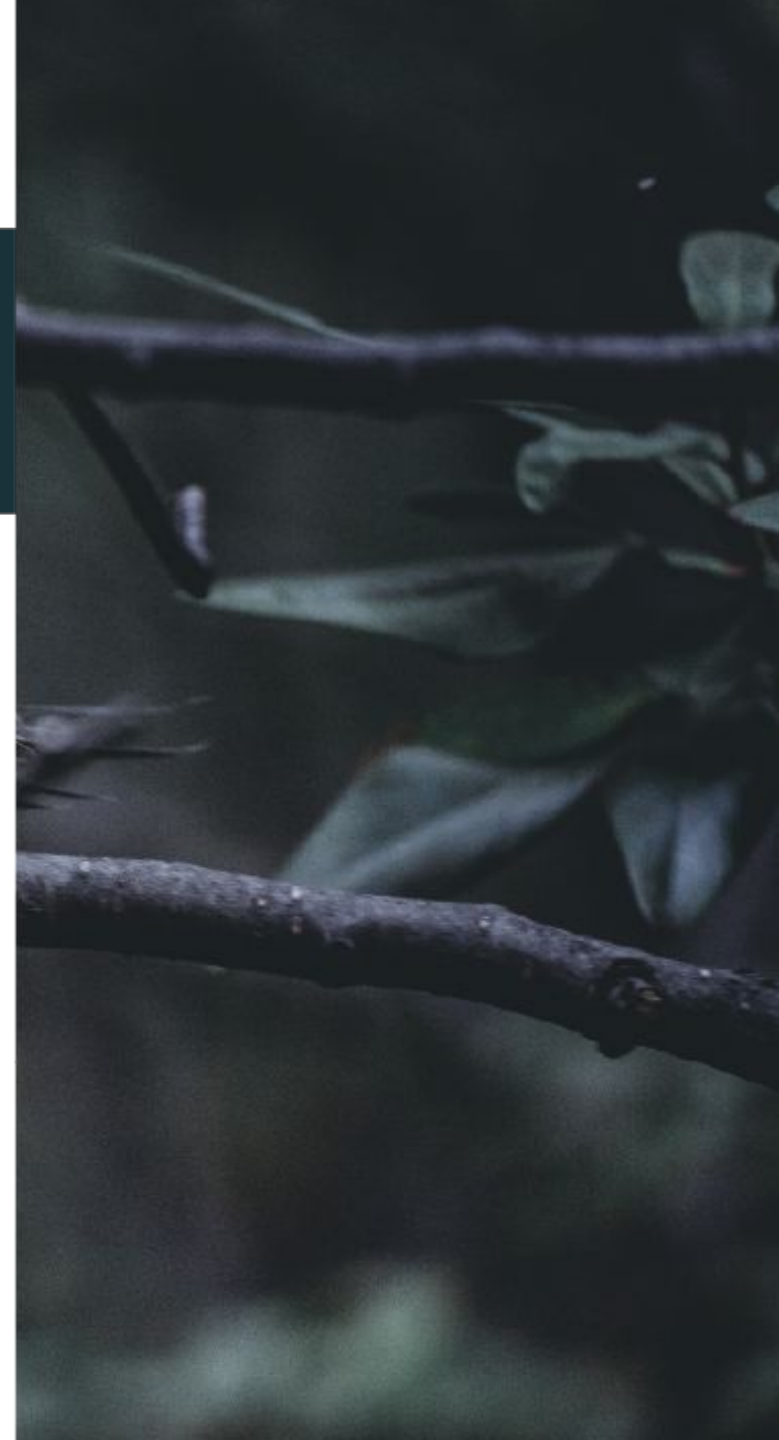
Among the natural landscapes that Chile has to offer, several stand out as particularly unique but none like the well preserved routes of Torres del Paine National Park, which was selected as the 8th Wonder of the World with some of the best hiking in Patagonia.

The changing and extreme climatic conditions of this place, make life here, not for anyone. Species that interact and evolve in a balanced way and in constant cooperation with the environment, invite us to discover the secrets of our mother nature in such an incredible place.

You are about to immerse yourself in the *W* circuit, which has been chosen by Wikiexplora as "The greatest treks in the world".

It consists of three valleys that make up this trekking in the heart of the Torres del Paine Massif, giving it this peculiar form of *W*; Ascencio Valley, French Valley, and Grey Valley, without a doubt will make you feel amazed and small.

A place that we like to refer to as *Nature's Paintbrush*.



# DAY 01

## Base of the Towers



Pick up time:  
7:30 am



Duration:  
9'00 hrs.



Difficulty:  
High



Distance:  
22 kms



Altitude (+):  
1.000 mts.

Starting our walk from Reserva Cerro Paine, it will take us 1 ½ kms to approach the beginning of the Ascencio Valley. From this point it will take us about 2 hrs to walk steadily up the next 3 kms to reach Refugio Chileno, where we will pause to recover energy.

In this section we will ascend about 300 meters. We will continue climbing gently one more hour through a beautiful forest of Lengas, crossing pristine water courses with beautiful views of the Valley to reach an altitude of approximately 600 meters.

After a well-deserved rest in the forest, we will begin to walk the last stretch of our objective, through a large moraine left by the Torres Glacier. It will take us about 1 hour to walk this last kilometer with 300 meters of altitude gain.

The terrain becomes more abrupt in this section, as we will walk through the huge terminal moraine that left the glacier in its path, encountering materials such as sand, gravel and mostly stones, which will serve as stairs.

### ► Type of accommodation:

Chilean Refuge or Camping



Duration:  
7 hrs.



Difficulty:  
Low



Distance:  
13,5 kms



Altitude (+):  
295 mts.

# DAY 02

## Cuernos del Paine

After waking up in Refugio Central we will have a good breakfast that will give us enough energy for this day, we will begin walking towards the west, following a trail that has no difficulty compared to what we did the day before.

On the way we will have a great view of the Nordenskjold lake while we begin to get closer to the base of the Cuernos del Paine, a steep rock formation that rises up to 2.600 masl.

6 hours will take us to reach a nice and cozy place which has a wonderful view ; in this place we can relax for the rest of the day, appreciating an astonishing view of the Nordenskjold lake on one side and the Cuernos del Paine to the other.

The guides will do a small briefing of what comes next during dinner.

### ► Type of accommodation:

Cuernos Refuge or Camping



# DAY 03

## Paine Grande



After breakfast we prepare our backpack and poles to begin the third day of our adventure.

Walking for approximately one hour , we will reach the Italiano Campsite, named after an expedition that settled their base camp in this area. We take a small rest and begin an uphill section on the side of a moraine. In this section we have to ascent 250 mts in 1 ½ kms that could take us 1 hour.

From high above, we'll have the chance to see the lakes and its colors, the French Glacier falling from Paine Grande's summit and in the other side we will have the imposing Cuernos del Paine with its different rock colors on its summit.

We return the same path and continue walking along the base of Mt Paine Grande until we reach the lodge that will be our home for the night.

### ► Type of accommodation:

Paine Grande Refuge or Camping



Duration:  
9 hrs.



Difficulty:  
High



Distance:  
14 kms



Altitude (+):  
1.000 mts.

# DAY 04

## Grey Valley- Glaciar Grey



Duration:  
7 hrs.



Difficulty:  
Medium



Distance:  
13 kms



Altitude (+):  
350 mts.

After having the chance to see the sunrise with a view of the Pehoe Lake, we head towards the Grey Valley, an imposing 13 km trail that will take us closer to this big mass of ice and one of the 47 different arms that detach from the Southern Ice fields. Over 350 kms of ice that end right here, in Torres del Paine National Park.

We will have the chance to see all 3 faces of this big glacier. This area is also known to be the most exposed to the climatic conditions being well represented through the strength of wind gusts.

Once in the lodge we will have spare time to get closer to the glacier or walk around exploring the area accompanied by a guide before dinner is served.

### **Type of accommodation:**

Grey Refuge or Camping



# DAY 05

## Grey Navigation- Transfer out

After spending our last night in this wonderful mountain lodge and having the last view of the sunrise, we begin our final hike, and what a better way than taking a Catamaran early in the morning that will take us closer to the Grey Glacier, a 2 hour boat ride that will put us in scale with nature. This area is on the most windy corner of the Park, which makes this navigation a weather pending activity.

After the Grey Navigation, our vehicle will be awaiting to take us back to our accommodation

### ► Type of accommodation:

Hotel Vendaval or Transfer out



Duration:  
8 hrs.



Difficulty:  
Low



Distance:  
2 kms



Altitude (+):  
0 mts.



# Additional Information



## Accommodation

- **Refuge Accommodation:** Due to adaptations to prevent the spread of COVID-19, only reservations per entire room will be allowed. Each room has 6 single beds.
- **Camping Accommodation:** Camping Full Equipment / double occupancy: 2 people in 1 tent.

## Transportation

- **Accommodation to Beginning of W Trek:** Included.
- **Last day of W trek towards accommodation:** Included.



CORPORACIÓN NACIONAL FORESTAL  
**PARQUE NACIONAL TORRES DEL PAINE**



Mapa usado sólo como referencia de orientación turística, sin propiedades cartográficas. En ningún caso intenta definir fronteras o límites territoriales.

### SIMBOLOGÍA

SERVICIOS GRATUITOS	SERVICIOS PAGADOS
Guardaparques	Área de acampar
Autorizado uso de cocinillas	Hotel
Mirador	Refugio
Pesca deportiva	Navegación de río
Salto o cascada	Cabalgatas
Área de acampar	Navegación pasajeros
Avanzada de Carabineros	Buses regulares
Puentes colgantes	Cafetería o restaurante
Límite parque nacional	Servicio caminata en hielo
Sendero caminantes	<b>PELIGRO</b>
Sendero cabalgatas	No acampar
Sendero guiado o de uso restringido	Derrumbes
Camino	Fuertes vientos
Navegación	



### HORARIOS DE CIERRE DE SENDEROS

Tramo del sendero	Distancia (Km)	Tiempo (Horas)*	Hora de cierre**
Sede Administrativa – Refugio Paine Grande	11	1.5	19:00
Refugio Paine Grande – Área de acampar Italiano	7	1.5	19:00
Área de acampar Italiano – Mirador Británico	5	1.5	19:00
Área de acampar Italiano – Área de acampar Francés	2	1.5	19:00
Área de acampar Italiano – Refugio Los Cuernos	5	1.5	19:00
Refugio Los Cuernos – Hotel Las Torres	1	1.5	19:00
Hotel Las Torres – Refugio Chileno	1	1.5	19:00
Refugio Chileno – Área de acampar Torres	3	1.5	19:00
Área de acampar Torres – Mirador Base de las Torres	2	1.5	19:00
Hotel Las Torres – Área de acampar Serón	1	1.5	19:00
Área de acampar Serón – Refugio Dickson	1	1.5	19:00
Refugio Dickson – Área de acampar Los Perros	1	1.5	19:00
Área de acampar Los Perros – Área de acampar Pavo	1	1.5	19:00
Área de acampar Pavo – Refugio Grey	1	1.5	19:00
Refugio Grey – Refugio Paine Grande	1	1.5	19:00

\* Solo referencia, el tiempo necesario para completar el tramo.  
 \*\* Horario de referencia, aplica en época de verano y en ambas direcciones. El horario puede variar en invierno y en días con derecho de restringir el tránsito conforme a las condiciones climáticas.  
 \*\*\* Estos senderos se encuentran en propiedad privada. Consultar con el propietario.

Autorizada su circulación por resolución N° 124 del 29 de octubre de 2010 del Ministerio del Interior y del Poder Judicial, en los Límites del Estado.  
 La edición y circulación de mapas, cartas geográficas u otros impresos y documentos que representen o sugieran límites territoriales, con los límites y fronteras de Chile, no comprometen, en modo alguno, al Estado de Chile, en sus relaciones con los Estados 2°, letra g) del DFL N° 93 de 1979 del Ministerio de Relaciones Exteriores.

# Torres del Paine map



### INCLUDED:

- ▶ Park Tickets
- ▶ Accommodation.
- ▶ Full Board (Not extras in Lodges).
- ▶ Transfer in/out Airport.
- ▶ Bilingual guide.
- ▶ Grey Glacier Navigation.



### NOT INCLUDED:

- ▶ Personal gear.
- ▶ Additional options in Lodges
- ▶ Flights



# CLIMATIC CONDITIONS / What to expect?

According to the climatic classification of Köeppen, the area considered inside of the Park is in the "temperate rainy cold zone without dry season", mainly means that we can find rain throughout the year. These precipitations fluctuate between 300 and 1,500 mm of annual rain, increasing normally in the western part, due to the longitudinal gradient that the place has and the proximity to the Southern Ice Field and the Pacific Ocean besides its geomorphology, make that in each Valley we can find its own "microclimate".

Based on this and the experience in the place, we highly recommend having our rain gear always at hand.

The other most important element is the Wind. With constant speeds between 20 and 30 km and gusts that fluctuate between 100 and 120 km in summer, without a doubt, this factor is the most important factor to consider when choosing our equipment.

Our body loses temperature especially through the Head (ears) and Hands. Of vital importance will be to bring hat or bandana type neck and gloves, in addition to always be using at least the 3 layers that we recommend in the next item.

As a fact, rain jackets serve very well as windstoppers.

# RECOMMENDED EQUIPMENT



Hat



Sunglasses



Gloves



Trekking Poles



Waterproof jacket



Trekking Shoes



Upper Base Layer



HeadLamp



Sunscreen



Day Pack 40lt



1lt Water bottle



Waterproof pants





## CONTACT

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