



MARATHON TOURS & TRAVEL

40TH ANNIVERSARY

*40 Years of Exploring the Seven Continents
One Stride at a Time.*



COLLECTION OF RACE VACATIONS



As we embark on our 40th year of exploring the seven continents, I never could have imagined during our early years that the sport of running would evolve from its modest roots as an endurance competition to its current status as a global social lifestyle activity and more.

The mission of the Marathon Tours & Travel team is to assist you in reaching your aspirational running and adventure travel goals. Our trips offer exclusive features that add value and enjoyment to your running vacations such as great sightseeing, unique dining experiences, social activities and much more. We are especially proud that our clients tell us that we consistently exceed their expectations related to the value of our packages, our ability to minimize their travel stress and our group's camaraderie that they enjoyed when traveling with us.

Our team of travel professionals thrive on the excitement shown by our travelers as we run alongside them in the Abbott World Marathon Majors, while completing races on all seven continents or at the multitude of other boutique, destination-driven events found in almost every corner of the planet. In addition to our current calendar of trips, we are constantly developing new events that offer memorable destination experiences via our "Runners Country Club".

We hope that you can join us soon for your first, or yet another, Marathon Tours & Travel running adventure.

Come explore the seven continents with us, one stride at a time.

Thom Gilligan
CEO & Founder
Marathon Tours & Travel

Why travel with Marathon Tours & Travel?

Passion

Do you love the sport of running and the adventure of travel? Imagine running on the Great Wall of China or through the Maasai community in Kenya. Earn big-time bragging rights by finishing a marathon in Antarctica, called by *Runner's World* as "Running's Greatest Adventure". Marathon Tours & Travel shares your passions and can take you to all corners of the world for an experience of a lifetime.

Experience

Founded in 1979, Marathon Tours & Travel is the undisputed expert in travel to running events. We are the official travel agency for the Boston Marathon as well as the creator and organizer of the Antarctica Marathon & Half-Marathon and the Madagascar Marathon & Half-Marathon. A travel partner you can trust, our CEO and founder Thom Gilligan has been selected as the world's foremost authority on travel for runners by *Condé Nast Traveller* magazine for nine consecutive years.



Service

We create exceptional group travel packages and customized individual itineraries for travel to the world's most spectacular destination marathons and half-marathons. On international trips we pair expert local guides with experienced Marathon Tours & Travel group leaders ensuring that you get the perfect balance of insider insights and attentive personal service.

As a full-service travel agency, we can assist you with all of your travel needs including:

- Flights
- Hotel
- Group sightseeing
- Race entry
- Pre- and post- event optional extensions
- Individual customized extensions
- Assistance with visas
- Travel insurance
- Car rentals and rail tickets

Guaranteed Entry

We offer guaranteed entry to many of the world's most popular events such as London, New York, Tokyo, Berlin, Chicago, Marine Corps, Big Sur, Paris, Dublin and more.

Camaraderie

An unexpected benefit for people traveling with us for the first time is the fun derived from traveling with a group of like-minded individuals. Lifetime friendships are formed, even some marriages. Those traveling individually find that they have ready-made friends.

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Where is your next Marathon or Half-Marathon?

Marathon Tours & Travel offers more than 40 trips to events on all seven continents. Do you prefer big city marathons, small boutique events, exotic destinations or remote trail runs with spectacular scenery? Do you have a goal in mind? Here are few challenges that hundreds of runners have embraced:

Abbott World Marathon Majors

The Abbott World Marathon Majors is a series consisting of six of the largest and most renowned marathons in the world: Tokyo Marathon, Boston Marathon, Virgin Money London Marathon, BMW BERLINMARATHON, Bank of America Chicago Marathon and TCS New York City Marathon. The organizers of these events are united in their effort to advance the sport, raise awareness of its elite athletes, and increase the level of interest in elite racing among running enthusiasts. All finishers receive the treasured Six Star Finisher Medal.

Seven Continents Club

Seven Continents Club™ (SCC) was founded in 1995 when the inaugural Antarctica Marathon made it possible for runners to conquer a marathon or half-marathon on all of the earth's seven continents. The SCC has evolved since then into a global frequent traveler club for runners that have a passion for traveling to the world's most interesting running events. We offer destinations that will provide memorable experiences that you can share with your family and friends forever. All marathon and half-marathon finishers receive a medal worth framing along with their seven other medals.

The Runner's Country Club

In how many countries have you run? We are in direct contact with many race directors around the world in an effort to research unique cultural experiences while exploring those destinations one stride at a time. Each year we create special trips so our travelers can continue to experience new countries together. These trips are sometimes limited in capacity and are first offered to members of the SCC.



North America



B.A.A. Boston Half-Marathon

The B.A.A. Half Marathon's rolling, out-and-back course highlights the beauty of Boston and Brookline's Emerald Necklace park system, which begins and ends at White Stadium in Boston's Franklin Park.

includes a welcome reception, pre-race pasta dinner and a VIP tent at the finish line. This is the ideal way to spend your weekend while enjoying one of the most beautiful courses in the world.

Bank of America Chicago Marathon

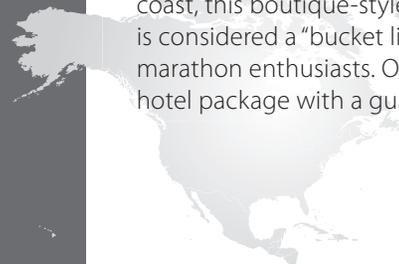
One of the six Abbott World Marathon Majors, the Chicago Marathon is known for its flat, fast, world record course. The race starts and finishes in Grant Park and travels through one of America's favorite cities. We offer a choice of accommodations and a guaranteed entry.

Boston Marathon

Held in April, the Boston Marathon is the world's oldest annual marathon. The legendary point-to-point course starts in rural Hopkinton, passes through numerous quaint New England towns before finishing on Boylston Street in the heart of Boston. As the event's official travel agency, we offer the lowest rates at a wide variety of hotels, many of which are just a short walk from the finish line in Copley Square. We also offer a VIP hotel package that takes care of the logistics for you so that you can relax, enjoy 'Bean Town', and focus on your race.

Big Sur International Marathon

Known for its magnificent scenery along California's dramatic Pacific coast, this boutique-style marathon is considered a "bucket list" race for marathon enthusiasts. Our special hotel package with a guaranteed entry



Marabana Havana Marathon, Half-Marathon & 10k

Though just a 30-minute flight from Miami, Cuba seems like a world away. A trip to Old Havana is like stepping back in time to the 1950s. Until the past few years, few Americans have legally participated in this race due to decades of travel restrictions to Cuba. Join Marathon Tours & Travel as we explore Cuba's fascinating sights and culture.

Marine Corps Marathon

One of the Nation's most popular marathons, this monumental course winds through the nation's capital. Participants will not only see national landmarks but will be fully supported by members of the Marine Corps and cheered on by more than 60,000 spectators. We are pleased to offer accommodations and a guaranteed entry for this memorable race.

Napa-to-Sonoma Half-Marathon

Run from Napa to Sonoma! The scenic course will take you along gently rolling hills through North America's most famous wine producing region. Our exclusive package offers guaranteed

entry and a variety of VIP features that will satisfy even the most discerning traveler and wine aficionado. The highlight of your experience will be the post-race wine tasting with a large selection of food pairings to celebrate your run.

Polar Circle Marathon & Half-Marathon

Held in Kangerlussuaq, Greenland, this unique event's course features a backdrop of ice and snow, and passes glacier tongues, moraine landscapes and the soundless, arctic desert. We offer several travel packages for this fascinating trip.

TCS New York City Marathon

The iconic start on the Verrazano Bridge is only the beginning of a 26.2 mile journey through New York's five boroughs. Every runner should experience the crowds and buzz of this Abbott World Marathon Major. We offer a special VIP Package to residents in the U.S. with a guaranteed entry, welcome cocktail reception, pre-race dinner with a featured speaker and transportation directly from your hotel to the start near the Verrazano Bridge.

South America

Easter Island Marathon & Half-Marathon

Few 26.2 mile odysseys can compete with this gem when it comes to combining the magic and mysteries of the marathon distance with a profoundly mythical and provocative locale. The most remote inhabited island on Earth, Easter Island lies 2,300 miles from land of any significance. Our comprehensive package is loaded with features that include overnights and sightseeing in Santiago as well as a tour of Vina del Mar on Chile's central coast.



Patagonian Marathon & Half-Marathon

Have you ever felt completely insignificant in comparison to nature? Well, get ready to feel precisely that way among the turquoise waters, glaciers and towering granite horns of the Torres del Paine National Park. The jaw-dropping landscapes of the Andes Mountains are humbling indeed. Enjoy hiking, fishing, horseback riding and more.

Rio de Janeiro Marathon & Half-Marathon

This Brazilian beauty weaves through city streets, starting in Receiro and finishing in Flamengo. With views of Rio's world renown beaches to your right and iconic mountains to your left, this course is one of the more picturesque marathons in the world. We offer hotel packages along Rio's Copacabana Beach and an optional post-race excursion to Iguassu Falls.



“ This was truthfully a life changing experience for me and I am so pleased with how everything panned out. Don't change a thing! I will definitely be running with Marathon Tours & Travel again! – Big Sur Guest ”

Europe



3 Country Marathon, Half-Marathon, Quarter Marathon & 11KM Walk

Exactly as the name says, you will run through three countries - Germany, Austria and Switzerland! The marathon will start on the beautiful harbor of Lindau, pass through several Austrian towns, before crossing the Swiss border. Sixty percent of the fabulous course takes place along Lake Constance. This is new to our 2019 calendar and definitely one to put on your list!

Athens Marathon, 10K & 5K

Every runner dreams of running in the footsteps of Pheidippides who ran from Marathon to Athens in 490 BC to announce the Athenian victory over the invading Persians. A 10K and 5K is also available and features out-and-back courses from the Panathinaikon Stadium built for the first modern Olympics in 1896. All of the races finish inside the classic marble stadium.

“ This was my first international trip let alone running my first international marathon and I am extremely grateful for the overall experience Marathon Tours & Travel provided. From the hotel and tour in London, to the hotel and tour in Edinburgh, the trip was absolutely incredible. I will definitely book with you again in the future and also recommend you to many of my running friends. Thanks again! – London Guest ”

Barcelona Marathon

According to *U.S. News & World Report*, Barcelona is the #1 place to visit in Spain. See for yourself by running the Barcelona Marathon! Our four-night package is a fantastic way to explore this historical city with its romantic narrow alleys, beach-side nightclubs, and dozens of sacred churches and architectural marvels. This city by the sea attracts the adventurer, the couple, the culture lover, and of course the runner.

Berlin Marathon

Known for its fast course and superb organization, the Berlin Marathon is undisputedly one of the world's premiere sporting events. This Abbott World Marathon Major starts and finishes near the historic Brandenburg Gate and loops through the former East Berlin. We offer a choice of hotel packages and a coveted guaranteed entry. Join us for a post-race excursion to the Munich Oktoberfest.

Dublin Marathon

The Dublin Marathon is sometimes referred to as the “Friendly Marathon” because of the warm, friendly, supportive nature of the Irish. Resist the temptation to make a pit stop at one of the many Irish pubs along the route. There will be plenty of time to celebrate with a Guinness after your finish. Our optional post-race package ventures across the Irish countryside to Galway and Ennis.



Italy Coast to Coast Relay

If you enjoy the camaraderie of fellow runners and leisure evenings filled with delicious homemade meals and local wine or beer, then this is the trip for you! Join other teams as they race across Italy over four days. Starting at the Adriatic Sea you will finish at the Tyrrhenian Sea as you move through the lesser known areas and hidden corners of Italy. Gather your running friends and form your team today!

Loch Ness Marathon, 10K & 5K (Scotland)

New to our 2019 Calendar, the Baxters Loch Ness Marathon is quite possibly one of the most stunning marathons in the world. With spectacular scenery, fantastic atmosphere and a truly memorable experience – it's no wonder it was voted in the top 10 UK marathons by *Runner's World* readers in 2016 and is on the



bucket list for many runners from around the world. The Loch Ness Marathon follows a spectacular point-to-point route alongside world famous Loch Ness, starting in an atmospheric moorland setting and continues through stunning Highland scenery, taking you along the south-eastern shores of Loch Ness, across the River Ness, to finish in Inverness, capital city of the Highlands.

Marathon du Medoc

The most fun that you can have running in a marathon! Le Marathon du Medoc is routed through 59 vineyards in the fabled villages of the Bordeaux region. More than half of the field dresses field dresses up in costume and every year there is a new theme. We offer a five-night package in Bordeaux with numerous chateau visits, wine tastings, welcome dinner and more.

Paris Marathon

Springtime in Paris! Paris is truly a world-class city with a world-class marathon. The course starts on the Champs Elysees, one the world's most famous boulevards and passes many iconic sights including the Louvre. We know the best hotels in the best locations. We offer guaranteed entry after online registration is closed and a post-race option to celebrate your completion with a full-day tour of Champagne.

Reykjavik Marathon, Half-Marathon, & 10K

Iceland in August. Need we say more? Reykjavik is a little-known gem of a destination – a natural wonderland of volcanoes, geysers, waterfalls and hot springs. Just a five-hour flight from New York, Iceland is the world's most northerly capital. We offer a four-night package at a choice of hotels, transfers, as well as two full-day tours in the countryside and the famed Blue Lagoon.

Virgin Money London Marathon

Getting an entry into this Abbott World Marathon Major can prove to be harder than running the 42.195 kilometers. Since 1981, Marathon Tours & Travel has been the official tour operator in the US and Canada and has guaranteed entries. We offer packages that include great hotels, a welcome reception and private transportation to the start in Greenwich. This trip sells out quickly.



“ This is my second foreign trip with Marathon Tours & Travel — I did the Tokyo Marathon earlier this year — and I continue to be very impressed. The choice of hotels, tours, the reception, the carbo load dinner, were all excellent. The M.T.T. staff is very knowledgeable, personable, and professional. I enjoyed my entire Berlin Marathon experience. — Berlin Guest ”



Asia & Oceania



Asia

Bagan Temple Marathon & Half-Marathon

Tucked away in central Myanmar, the ancient site of Bagan is home to more than 2,000 temples. Bagan's beauty and historical significance is unsurpassed. Both the marathon and half-marathon start and finish in front of Htilominlo Temple and will take runners through a tour of this ancient city.

Bhutan Marathon & Half-Marathon

Bhutan or Druk Yul (the land of the Thunder Dragon) as it is known in Bhutanese, is mystical, enchanting and like nowhere you have ever been. Remote and isolated it is the last great Himalayan kingdom. Although completely cut off for centuries it has tried to let in some aspects of the outside world while fiercely guarding its customs and traditions.

Great Wall Marathon, Half-Marathon & 8.5K

Run the most challenging race of your life along one of mankind's greatest monuments. Staged in the Tianjin Province of China, a quarter of the scenic route takes place on the Great Wall itself. Many of our travelers choose one of the shorter distances and carry a camera to capture the experience of a lifetime. We offer a wide range of packages including a Yangtze River cruise and a pre-race tour in Hong Kong.

Jerusalem Marathon, Half-Marathon, 10K and 5K

New on our calendar is a race and tour to the Holy Land! You will go back in time, as you visit historical places throughout Jerusalem, Tel Aviv and the surrounding area. The fairly challenging Jerusalem Marathon course itself will take you through sites that illuminate 3,000 years of history seeing exquisite landscapes and heritage sites. You'll also have the opportunity to float in the Dead Sea, visit the ancient Masada ruins, experience food sampling in the Mahane Yehuda Market, to name a few of the highlights. This is a trip that will leave lasting memories.

Petra Desert Marathon & Half-Marathon

The Petra Desert Marathon is a challenging adventure marathon set in the beautiful desert region of Jordan. Starting in the ancient city of Petra, in the Street of Facades – four levels of tightly packed carved tombs – and continues on an archaeological tour through Petra and the surrounding area, passing tombs, caves and monasteries carved out in the mountainsides. A UNESCO World Heritage Site, Petra is also known as the Rose City due to the color of the stone from which it was carved.

Tokyo Marathon

Tokyo was selected as the sixth Abbott World Marathon Major in October 2012. The most popular running event in Japan, some 320,000 runners vie for a bib number in the lottery. We are pleased to be appointed the exclusive tour operator in the US and Canada for this popular event. We offer guaranteed entry when you book one of our packages.

Oceania

Australian Outback Marathon, Half-Marathon, 11K & 6K

Located in the very heart of the country, this truly unique event will have the majestic Ayers Rock as its backdrop and give runners of all levels the opportunity to experience the Australian Outback as its earliest inhabitants once did, on foot. As an officially-appointed travel representative in North America, we offer packages to suit all tastes and budgets.

Queenstown Marathon & Half-Marathon

Queenstown, known as the "Adventure Capital of the World", will impress you from the moment you step off the plane! Located on the South Island, it offers a myriad of options for outdoor enthusiasts. Experience one of the country's most scenic races from start to finish. You can opt to start your tour package in Auckland before Queenstown to get a taste of this beautiful country.

Sydney Marathon, Half-Marathon & 10K

The Blackmores Sydney Running Festival is the sole remaining participant legacy of the Sydney 2000 Olympic Games. It is run on one of the most spectacular courses in the world, taking in all of the Sydney iconic landmarks and providing all runners with a unique opportunity to cross the Sydney Harbour Bridge traffic free. Just 18 years old, the event boasts more than 33,000 participants from more than 66 countries!

Africa



Amazing Maasai Marathon, Half-Marathon & Quarter (Kenya)

Run with the wildlife and Maasai warriors who call this unspoiled territory their home. Held in the Kimanjo area near the equator, this event was conceived to raise funds to sponsor Maasai girls through secondary school. The Amazing Maasai Girls Project (AMGP) mission continues to thrive and is still a vital part of this race. In addition to the beautiful trail run, throughout your time in Kenya you will experience a variety of landscapes and go on game drives seeking the Big Five. Extend your time by joining us for three nights in the Maasai Mara National Park and witness the Great Migration. If you want a true African experience this is the tour for you.

Big Five Marathon & Half-Marathon (South Africa)

Run among the wildlife on the savannah. The Big Five Marathon takes place in the Entabeni Game Reserve in the northeastern corner of South Africa. View all of the "Big Five" on game drives as well as giraffe, hippopotamus, crocodiles and more.



Cape Town Marathon & 12K (South Africa)

Run at the tip of Africa in arguably the world's most beautiful city. Enjoy fabulous sightseeing at the Cape of Good Hope, wine tastings in Stellenbosch, cage diving with great whites and other exciting adventures.

Comrades Marathon 89K (South Africa)

The world's most famous ultramarathon, Comrades features a course that runs from Pietermaritzburg to Durban in the even numbered years and from Durban to Pietermaritzburg in the odd numbered years. Every ultramarathon enthusiast aspires to capture the coveted finisher's medal by completing the course under the strict 12-hour time limit. Marathon Tours & Travel is proud to be one of the officially recommended travel agencies.

Madagascar Marathon & Half-Marathon

Often referred to as the Eighth Continent and earth's fourth largest island, Madagascar is one of our newer adventure destinations for 2019! The marathon and half-marathon will be held in Isalo in the south central highlands with most of the course routed through Isalo National Park. This is Madagascar's most visited area where the country's oldest dinosaur bones were discovered. Enjoy hiking in search of lovable lemurs, chameleons and other exotic animals.



Two Oceans 56K & Half-Marathon (South Africa)

We are pleased to offer the Two Oceans 56K held in Cape Town, one of the world's most picturesque cities. The spectacular course runs from the Atlantic to the Indian Ocean with two long climbs over Chapman's Peak and Constantia Peak.



*“ The animals, the land-
scapes, fellow runners...
loved everything!
Absolutely no com-
plaints. The best trip
of my life!! – Amazing
Maasai Guest*

Antarctica

Antarctica Marathon & Half-Marathon

Explore the most pristine corner of the planet with Marathon Tours & Travel, the Antarctica Marathon organizer and exclusive tour operator. Come face-to-face with towering icebergs, penguins numbered in the thousands, basking seals and breaching whales during this breathtaking trip of a lifetime.

Depart for your adventure via an overnight flight to Buenos Aires for a three-night stay in Argentina's capital. After a half-day city tour, get to know your fellow runners at the welcome cocktail reception and banquet. The group will then fly to Ushuaia, the southernmost city in the world, to board the Akademik Ioffe or the Akademik Sergei Vavilov for a journey through the Beagle Channel, across the Drake Passage, through the Shetland Islands and along the Antarctic Peninsula. Enjoy wildlife-packed lectures and landings that feature seal colonies, penguin rookeries and research bases.

Race day will bring us to King George Island, the largest of the Shetland Islands, located off the tip of the Antarctic Peninsula. Sections of the gravel roads that connect the scientific research bases of Uruguay, Chile, China and Russia double as the marked, multi-looped course. Great care is taken for zero impact on the environment in this sensitive ecosystem.

Although the goal of many runners on this trip is to run a marathon on all seven continents, many of our past travelers will attest that they return home with much more than heavy finisher medals and huge bragging rights - they are forever changed. Traveling to, and running on, the "Last Continent" can do that to a person.

Due to the incredible popularity of this event and limited availability, we sell out far in advance but maintain a waitlist. We recommend reserving your spot as early in advance as possible.



“ It was an opportunity to visit Antarctica for the fifth time, a place I love with a new found passion for running. I really liked that there were runners at all levels, I was nervous that I might not “fit in”, but that was not the case, this is a trip for those whose passions spread from running to nature. I was impressed with the number and quality of landings we were able to pack into such a short trip with race preparations etc., I think folks got a real sense for Antarctica and I heard a few would be back. The One Ocean Crew and Marathon Tours & Travel staff were amazing, some of the best we have traveled with to Antarctica and other remote locals. – Antarctica Guest ”

20th
Running of
this event!



Run around the world with Marathon Tours & Travel



Join Our Seven Continents Club

The Seven Continents Club (SCC) is a VIP travel club designed for runners who love international travel. SCC Members receive special VIP travel benefits depending on the tier in which they fall. There is a one-time membership fee of \$200 USD. Benefits include:

	BRONZE	SILVER	GOLD
Individual Trips Taken	0 to 5	6 to 10	11+
Monthly SCC Members Bulletin	X	X	X
Personal SCC Web Page	X	X	X
SCC Member Bag Tags	X	X	X
Running Tech shirt	X	X	X
\$25 Travel Discount Vouchers*	X	X	X
	4 awarded when you join	4 awarded after 6th trip	6 awarded after 11th trip
Reserved Seating At MTT Events	X	X	X
SCC Finisher Certificate of Completion***	X	X	X
SCC Finishers Medal***	X	X	X
SCC Finisher Press Release Assistance***	X	X	X
SCC Members Leaderboard	X	X	X
Upgraded Rooms**		X	X
Bronze Early Registration Period	X		
Silver Early Registration Period		X	
Gold Early Registration Period			X
SCC Medal Holder			X

* One \$25 Travel Discount Voucher May Be used Per Trip

** Based On Availability

*** Upon Completion And Verification



Please note that you do not have to finish a marathon or half-marathon on all seven continents to join the SCC.

For more information on the Seven Continents Club, including how to join please visit: www.sevencontinentsclub.com

MARATHON TOURS & TRAVEL DESTINATIONS AROUND THE WORLD



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